



Investing in the Next Generation of Women



December 8, 2010

Centers for Disease Control and Prevention
Office of Women's Health

The 20th Century and Women's Health

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- Average life span for American women increased by more than 30 years
- Improvements in sanitation and health
- Greater knowledge and access to information
- Access to health care services was expanded
- Inroads into male-dominated medical schools/professions
- Definition of women's health broadened
- Women's health issues integrated into health care training, public policy debates, etc



Selected Women's Health Achievements 2000-2010

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- Results of the Women's Health Initiative began
- Breast and Cervical Cancer Prevention and Treatment Act
- Launched the National Bone Health Campaign
- Funded state domestic violence coalitions
- Launched the DES (Diethylstilbestrol) campaign



Selected Women's Health Achievements 2000-2010

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- Investigated SARS and H1N1 in Pregnancy
- Launched the Chronic Fatigue Syndrome Awareness Campaign
- Approved the HPV Vaccine
- Finding estimates one in four U.S. females ages 14-19 have certain STD's
- Mammography Recommendations



Leading Causes of Death, All Females, 2006

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- Heart Disease
- Cancer
- Stroke
- Chronic lower respiratory diseases
- Alzheimer's disease
- Unintentional injuries
- Diabetes
- Influenza and pneumonia
- Kidney disease
- Septicemia



Public Health Opportunities

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- Trial Examining Pre-Exposure Prophylaxis (PrEP) to Prevent HIV Infection
- Cervical Cytology Guidelines and Chlamydia Testing
- Screening-Detected Cancers (Colon and Rectum, Breast, and Cervix)
- Healthy People 2020
- National Women's Health Week, May 8-14, 2011



Public Health Opportunities

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- ▣ STD Treatment Guidelines 2010
- ▣ CDC Health Disparities and Inequalities Report 2010
- ▣ U.S. Dietary Guidelines – 2010
- ▣ National Partnership for Action to End Health Disparities – 2011
- ▣ Prevention Services for Women (Health Reform, Institute of Medicine)



HHS Programs and Activities

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- HHS works to improve the lives of women and girls through the administration of over 300 programs in:
 - ▣ Research
 - ▣ Direct clinical service delivery
 - ▣ Education and training programs
 - ▣ Disease prevention and health promotion
 - ▣ Policy development



HHS Women's Health Programs and Activities (selected)

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□ **Girls**

- Best Bones Forever
- BodyWorks Toolkit
- Choose Respect (violence prevention/healthy relationships)
- Girlshealth.gov
- Pre-teen Vaccine (HPV vaccine)



HHS Women's Health Programs and Activities (selected)

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□ **Young Women**

- Family Planning
- Homicide and Suicide
- Sexually Transmitted Infections
- Unintentional Injury
- Uterine Fibroids
- Vulvodynia



HHS Women's Health Programs and Activities (selected)

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- **Women of all Ages**
 - BIRCHW (Building Interdisciplinary Research Careers in Women's Health)
 - Bright Futures for Women's Health and Wellness
 - Lupus Awareness Campaign
 - Mental Health/Substance Abuse Treatment
 - Temporary Assistance for Needy Families
 - Violence Against Women
 - Women at Work



HHS Women's Health Programs and Activities (selected)

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□ **Pregnant Women/New Moms**

- Breastfeeding
- Birth Defects Prevention
- Maternal and Child Health Epidemiology
- One Test. Two Lives. Campaign
- Preconception Care
- Pregnancy Exposure Registry
- Pregnancy Risk Assessment Monitoring System
- Text4baby



HHS Women's Health Programs and Activities (selected)

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□ Older Women

- Aging
- DES (Diethylstilbestrol) Campaign
- Gynecologic Cancer Awareness Campaign
- Heart Truth Campaign
- National Breast and Cervical Cancer Early Detection Program (and WISEWOMAN)
- The Sister Study
- Women's Health Initiative



HHS Women's Health Programs and Activities (selected)

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- **Health Disparities**
 - A Healthy Baby Begins With You
 - HIV/AIDS
 - Lesbian and Bisexual Women
 - Media and Breast Cancer
 - REACH Across the U.S. (REACH U.S.)
 - Women with Disabilities



Selected CDC Women's Health Programs in All States

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- Breast and Cervical Cancer Early Detection Program
- Rape Prevention and Education Program
- Perinatal Hepatitis B
- Infertility / Chlamydia Screening



Women's Health



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<http://www.cdc.gov/women>