



Washington State
Hospital Association



Innovation for Sustainable Rural Health Facilities

National Conference of State Legislatures

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Overview

- Global Budgets
- Telehealth Strategies
- Partnerships and the Hub & Spoke
- Accountable Care Organizations and Frontier Health Systems Model
 - Washington Rural Health Access Preservation (WRHAP) Pilot

Global Budgets

- *Fixed amount* of reimbursement for a *specified population* over a designated *period of time*
- Potential to move away from fee for service, control costs while providing stable and predictable funding
- Administrative complexity, data needs to manage population and stop-loss protection key for small/rural providers



Telehealth Strategies

- Tremendous promise to address access and workforce issues in rural areas
- Full range of services and models
- Barriers: Infrastructure costs, connectivity, payment, partners



Partnerships and the Hub & Spoke Model

- Increasing consolidation in the market- trend looks different in rural



- Hub & Spoke with larger centers
- New types of partnerships
 - Across rural facilities (district model)
 - CAH/FQHC partnership

Accountable Care Organizations (ACO) and Frontier Health System Model (FHS)

- ACO: Groups of providers who join to provide highly coordinated care with the aim of controlling costs and improving outcomes
- FHS: and ACO tailored to the unique needs of frontier settings



WA Rural Health Access Preservation

- Sustain access to essential healthcare services
- Develop and pilot an alternative payment methodology that will support sustainability
- Create the regulatory framework to allow WRHAP hospitals to deliver high value care locally
- Collaborative effort with legislative endorsement
- Begin with Medicaid, move to an all payer model

More Resources

- American Hospital Association: www.aha.org/ensuringaccess
- Contact me! jacquelineb@wsha.org (206) 216-2541

Table 1

Essential Health Care Service

	Primary care	Psychiatric and behavioral health services	OB and obstetric care	Prenatal care	Transportation	Diagnostic services	Home care	Subsidiary services	Rehabilitation services
Addressing the Social Determinants of Health					X				X
Global Budget Payments	X	X	X	X	X	X	X		X
Integrated/Value Based Transformation Strategy	X	X	X	X		X			X
Emergency Medical Center	X		X		X	X			X
Urgent Care Center	X					X			X
Virtual Care Strategies	X	X	X						X
Feeder Health System	X	X	X	X	X	X	X		X
Rural Hospital-Health Clinic Strategy	X	X	X	X		X		X	X
Indian Health Services Strategies	X	X	X	X	X	X	X		X