

**NCSL STATE STRATEGIES FOR
PREVENTING INJURY AND VIOLENCE
STATE TEAM MEETING**

**PREVENTING PRESCRIPTION DRUG
ABUSE AND OVERDOSE**

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STATE LAW AND POLICY TRENDS

- **STATE PRESCRIPTION DRUG MONITORING PROGRAMS (PMPS)**
 - ✓ Transformation into better health care tools
- **NALOXONE ACCESS & GOOD SAMARITAN LAWS**
 - ✓ Enhancing the ability to save lives
- **EDUCATION OF PHYSICIANS**
 - ✓ New attitudes and new practices

STATE PMPS - POSITIVE RESEARCH RESULTS

- **MORE INFORMED, APPROPRIATE PRESCRIBING**
- **LOWER RATES – PRESCRIBING AND MULTIPLE PROVIDER EPISODES**
- **FEWER REPORTS OF OPIOID POISONING**
- **SLOWER RATE OF INCREASE IN OPIOID ABUSE/MISUSE**

TRANSFORMATION OF PMPS INTO BETTER HEALTH CARE TOOLS

- **IMPROVE DESIGN AND OPERATION**
- **INCREASE USE**

- **FRESHER, MORE CURRENT DATA**

- ✓ Daily/24 hour reporting as of 4/1/17

- 31 states + D.C.

- **MORE COMPREHENSIVE DATA**

- ✓ Interstate data sharing

- 47 states + DC have legal authority

- 34 states actively sharing

- ✓ Data on prescriptions for non-scheduled substances

- Drugs of concern – 17 states + D.C.

- NE – all prescriptions on 1/1/18

- **DELEGATES FOR PRESCRIBERS/DISPENSERS**

- ✓ 46 states + D.C. ; HI becomes 47th state upon signing of SB 2915
- ✓ Prescriber/dispenser responsible for delegate's PMP activities
- ✓ Prescriber/dispenser makes all patient care decisions

- **USER ACCOUNTS FOR INSTITUTIONS/FACILITIES**

- ✓ Chief Medical Officer or equivalent is master account holder
- ✓ Employees are delegates/designees

- **UNSOLICITED ALERTS/REPORTS**
 - ✓ 44 states + D.C. ; AK becomes 45th state upon signing of SB 94
 - ✓ Proactive notice of unusual/concerning prescription activity
 - ✓ Patterns of behavior considered indicative of inappropriate/illegal activity vary by state

- **INTEGRATION OF PMP DATA INTO ELECTRONIC HEALTH/PHARMACY IT SYSTEMS**
 - ✓ Pilots
 - Office of National Coordinator for Health IT
 - Substance Abuse and Mental Health Services Administration
 - 15 states

✓ Lessons in the works

- Different laws/rules governing PMPs and Health/Pharmacy IT
- Health/Pharmacy IT vendors need education about PMP laws/rules
- Concise, brief training documents
- System capacity
- Clarification of responsibilities to help end users
- Incentives for health/pharmacy IT vendors/systems to fully engage

- **MANDATED REGISTRATION**

- ✓ 27 states; AK and HI become 28th and 29th states upon signing of SB 94 and SB 3915
- ✓ Automatic upon application for or renewal of license or registration in some states

- **MANDATED USE**

- ✓ 32 states
- ✓ Circumstances in which mandates apply vary by state

- Worker's compensation
- Opioid addiction treatment
- Treatment of non-cancer chronic pain
- Treatment of obesity
- Prescribing/dispensing controlled substances
- Reason to believe patient wants drug for illegal/inappropriate reasons
- Professional judgment indicates review necessary to prevent abuse
- Prescriber violation of law/rule re: prescription drugs

✓ Mandates enacted in 2016

- Initial prescription/dispensing of opioids or benzodiazepines with subsequent check at least every 90 days
- Effective dates in some states linked to technological upgrades or improvement of PMPs

• **DISTRIBUTION OF PRESCRIBER REPORT CARDS OR SIMILAR NOTICE**

- ✓ Notice of comparative peer information regarding prescribing practices
- ✓ Comparison generally within medical/health specialty

- **NON-PRESCRIPTION INFORMATION REPORTED TO PMP**
 - ✓ Deaths involving overdoses of prescribed drugs
 - ✓ Admissions to hospitals for overdoses of prescribed drugs
 - ✓ Instances of opioid-related overdoses
 - ✓ Convictions for DUI, DWI, violations of controlled substances/prescription drug laws
 - ✓ Suspected violations
 - ✓ Reports of stolen prescriptions
 - ✓ Patient's voluntary non-opiate directive

NALOXONE ACCESS & GOOD SAMARITAN LAWS ENHANCING THE ABILITY TO SAVE LIVES

- **STATE LAWS**

- ✓ Naloxone access – 44 + D.C.
- ✓ Good Samaritan - 34 + D.C.

- **BROADEST DISTRIBUTION POSSIBLE**

- ✓ Traditional
 - Family members
 - Friends
 - Law enforcement, fire officials, EMS – first responders

✓ Expanded

- Community-based organization
- School nurse or other employee that administers medication
- Addiction treatment program
- Probation or parole officer
- Offender with history of drug and alcohol problems upon release from prison, jail or correctional confinement

- **STATEWIDE STANDING ORDER**

- ✓ Chief medical professional with prescriptive authority
- ✓ Fills gaps in access throughout state, e.g., PA, MD, NM

- **INTERVENTION AND REFERRAL TO TREATMENT**

- ✓ Emergency department as point of intervention
- ✓ Single state authority on drugs and alcohol – develop and implement collaborative plan to assess and transfer to treatment
- ✓ Involuntary commitment laws

- **CO-PRESCRIBING OF NALOXONE**
- **FUNDING OF NALOXONE**
 - ✓ Price increased drastically
 - ✓ Seek monies from private sector partners for purchase, e.g., PA initiative with insurance companies
 - ✓ Ensure state Medicaid and private health insurance plans provide reimbursement
 - Take-home naloxone
 - Devices needed for administration

- Refills for naloxone
 - Pharmacy administration fees
 - Time spent counseling, training or educating
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- **LAW ENFORCEMENT TRAINING ABOUT GOOD SAMARITAN LAW CRITICAL TO LAW'S EFFECTIVE IMPLEMENTATION**

PHYSICIAN EDUCATION NEW ATTITUDES – NEW PRACTICES

- **MORE COMPREHENSIVE TRAINING TO ADDRESS SIMULTANEOUS CRISES OF ADDICTION AND CHRONIC PAIN**
- **KEY EDUCATIONAL TOPICS**
 - Pain management, including non-opioid alternatives
 - Addiction signs and symptoms, and resources for referral and treatment
 - Safe prescribing of controlled substances
- **EARLY INDICATIONS OF INCREASED KNOWLEDGE AND POSITIVE BEHAVIORAL CHANGE**

CONTACT INFORMATION

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