

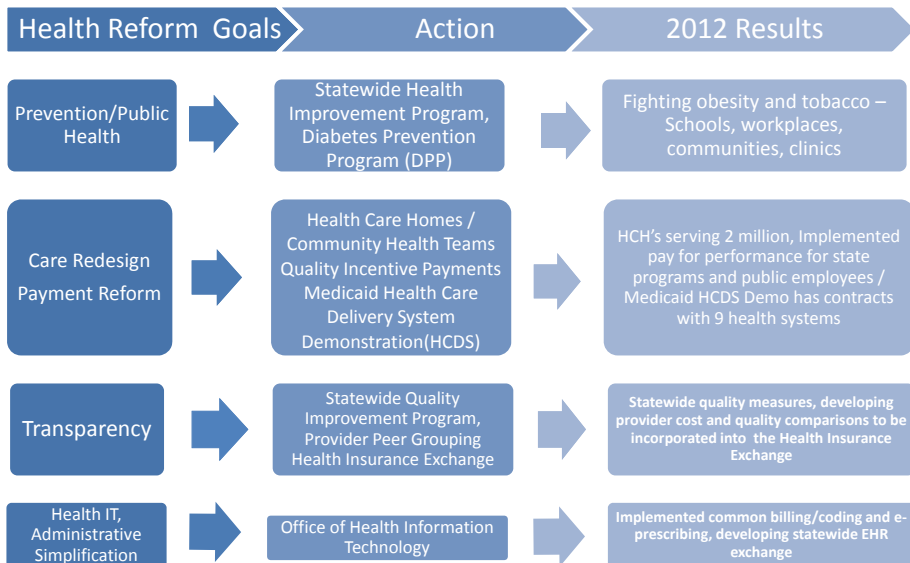
# health reform

## MINNESOTA

A Better State of Health



### MN Health Reform Now in 2012 . . .



## Minnesota's Integration Approach

- Statewide health reform leadership focused on primary prevention investment, delivery system redesign, quality & transparency and payment.
- Measurement focused on achieving the "triple aim."
- Testing a variety of new models of primary care integration thru HCHs, CHTs, DPP, SHIP, Dual-eligibles and Health Homes.
- Prevention is a health reform strategy that must be part of the long-term funding vision.
- Clinical care redesign & integration is a journey with significant culture change and needs a strategic funding vision, with investment & new payment models, moving quickly to TCOC and ultimately--Total Cost of Health.
- Sustainable measurement of quality is challenging to providers, key to evaluation of change.
- Health care cost containment cannot be accomplished without investment in top preventable causes of disease.
- Key to successful change is transparency and ongoing, frequent communication with all types of stakeholders.

## We Can Prevent Diabetes in MN

- Over 1.1 million adult Minnesotans have pre-diabetes (1 in 3) with an estimated 183,000 enrolled in MN Medicaid Health Care Programs (MHCP). Of these, 17% (1 in 6) reported being told they have pre-diabetes.
- Study aim: to test the effects of incentives on attendance and weight loss among MHCP participating in the Diabetes Prevention Program (DPP).
- 3200 MHCP enrollees will participate in 16 weekly & 8 monthly DPP sessions that are free to all participants.
- Overall incentive structures (individual or individual plus group), may be up to \$500 for achieving all attendance and weight loss goals.
- All participants will receive supports to attend and increase success in the DPP, i.e.- transportation, childcare, weight loss tools.
- Partners include YMCA, DHS, MDH, HealthPartners Research Foundation, Diabetes Prevention Control Alliance, Clinics/ HCHs, Health Plans, Professional Associations, LPH, Community Partners.

# Minnesota Contacts

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