

RECOVERY COACHING TO A BRIGHTER FUTURE

CORTNEY LOVELL



“As we pursue new cures, we cannot forget compassion and love are the oldest medicines we have. Their power to heal is immense.”

Vice Admiral (V.Adm.) Vivek h. Murthy, M.D., M.B.A., 19th United States Surgeon General





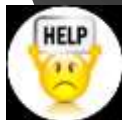
Detoxification / In-patient Treatment



Residential / Long-term Treatment



Supportive Living (Rarely)



Cured

What is a Peer (Recovery Coach)?

A peer provider (e.g., certified peer specialist, peer support specialist, recovery coach) is a person who uses his or her lived experience of recovery from mental illness and/or addiction, plus skills learned in formal training, to deliver services in behavioral health settings to promote mind-body recovery and resiliency.

The Substance Abuse and Mental Health Services Administration. Retrieved from <https://www.integration.samhsa.gov/workforce/team-members/peer-providers>





What will your
superpower be?