

NCSST

*National Center on
Senior Transportation*



NCST Mission

Increase transportation options for older adults and enhance their ability to live independently within their community



(photo of older gentleman exiting van with assistance)



Goals

- Greater coordination between Aging and Transportation
- Increase family of transportation options
- Education of professionals and the older adults & caregivers they support
- Address barriers to increasing services including the needs of diverse elders

Easter Seals Project ACTION

Promote universal access to transportation for people with disabilities under federal law and beyond by partnering with transportation providers, the disability community and others



Goals

- Expand partnerships between:
 - Transportation industry
 - Disability community
- Drive systems change to address accessible transportation
- Develop solutions and best practices to address barriers
- Increase transportation accessibility for persons with disabilities
- Provide information about the ADA and accessible public transportation

Four Major Functions

- Training – webinars, distance learning, conference calls
- Technical Assistance – toll-free number, e-mail
- Outreach – conferences, disseminate useful materials, website, newsletter, partner with other national organizations
- Research – demonstration grants, applied research, Student Scholars program



(800) 659-6428

www.projectaction.org

NCST *National Center on
Senior Transportation*

(866) 528-NCST (6278)

ncst@easterseals.com

www.seniortransportation.net

Eldercare Locator



Local transportation resources. . .

www.eldercare.gov

1.800.677.1116

Trends Impacting Livability and Transportation

- In 2000, there were 35 million Americans over age 65 making up 12.4% of the U.S. population
- U.S. Census Bureau projects this group will double to 70 million by 2030, representing 20% of the U.S. population
- 36 million persons with disabilities (12% of non-institutionalized US population)

Trends in Driving

- 31M older licensed drivers in 2007 (19% increase since 1997)
- Nearly 1 M persons age 70+ stop driving each year
- Gap between Driving Expectancy & Life Expectancy
 - Men 6/7yrs.
 - Women 10yrs.

Non-drivers. . .

- Miss something they wanted to do. . .
 - Drivers (2% frequently, 6% occasionally, 78% never)
 - Non-drivers (33% frequently, 17% occasionally, 35% never)
- Trips made. . .
 - non-drivers are making 15% fewer trips to doctor
 - But. . .65% fewer trips for social, family, religious, and other life-enhancing purposes

Caregiving & Transportation

- 43.5M Caregivers age 18+ for persons over age 50 (19% of population)
- Transportation first and most frequent support provided by caregivers
 - 84% provide/arrange transportation
- 30% report using outside transportation service for care recipient
 - Highest percentage of service used
 - Increase from 17% in 2004 survey
- Costs to employers
 - \$13.4 billion health care (health status of caregivers)
 - \$33.6 billion (absenteeism, staff replacement, etc.)

Alzheimer's Disease

- 2010 – 5.3 million Americans live with Alzheimer's
- Someone will develop Alzheimer's every 70 seconds
- By 2050 projected to grow to 11 – 16 million individuals age 65+ with Alzheimer's
- 2010 to 2025 growth
 - (Utah 127%, Colorado 124%, Texas 74%, Florida 64%)

We've Only Just Begun. . .

- Only 46% of American communities have even begun efforts to address the needs of the rapidly increasing aging population. Survey of 10,000 local governments found that “although many communities have some programs to address the needs of older adults, few have undertaken a comprehensive assessment to make their communities livable for all ages.”
 - (Maturing of America report – n4a and MetLife Foundation)

Livability and Transportation

- Optional vs. imperative. . .

Livability and Transportation

- Optional vs. imperative. . .
- **Five A's of Senior Transportation. . .**

Beverly Foundation

5 A's of Senior Transportation

- Available
- Acceptable
- Accessible
- Adaptable
- Affordable
- www.beverlyfoundation.org

Livability and Transportation

- Optional vs. imperative. . .
- Five A's of Senior Transportation. . .
- **Not one answer. . .**
 - **Transportation options**
 - **Legislation**

Family of Services

- Public transportation
 - Fixed route/shuttles
 - Travel training
 - ADA Paratransit
- Human Service transportation
- Medical transportation
- Mobility management
- Older driver safety & driving transitions
- Volunteer programs
 - Drivers/Accompanied
- Taxi
- Caregiver support
- Walking
- Van pools
- Ride/car sharing

Multi-faceted Approach (more than just built environment)

- Volunteers (liability, reimbursement)
- Public awareness (retirement planning, one call systems)
- Training and education (LTC workforce, transit workforce, mobility management)
- Health care and health care reform (outcomes and costs)
- Technology (GPS,

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- **Accessibility is essential. . .**

Accessibility

- Buses, commuter rail and transit facilities
- Accessible pathways
 - Signage
 - Bus stops
 - Trip planning and overall navigability
 - www.completestreets.org
- Accessible rides
 - Customer, operator sensitivity
 - Stop announcements

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- Engagement in the process. . .
 - Older Adults
 - Caregivers, Care Partners
 - Persons with Disabilities

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- **Know the aging network. . .**

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- **Where the rubber meets the road. . .**