Healthcare Transformation

Oregon’s Experiences with Medicaid & the Insurance Exchange

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Coordinated Care Organizations (CCO’s)

• $1.9 billion federal investment (Medicaid Waiver)
• CCO’s are regional. Board, Citizen Advisory Board.
• All include hospitals, primary care & sub-specialists, ancillary services. Some with mental health, dental (some contract out)
• Capitated PMPM
• Transparency – quarterly metrics posted on web
• Innovations: more discretion for what is covered (e.g., paying pregnant women for smoking cessation, air conditioners for patients with CHF)
## 5 Ingredients for Changing Health Care Delivery

- **Benefits and services are integrated and coordinated**
- **One global budget that grows at a fixed rate**
- **Metrics: standards for safe and effective care**
- **Local accountability for health and budget**
- **Local flexibility**

## Key Levers for System Transformation

- Care coordination throughout the system
- Alternative payment methodologies
- Integration of physical, behavioral, oral health
- Community-based focus – local innovation
- Flexible services
- Testing, accelerating and spreading innovations
CCO Challenges

- Still forming & stormsing
- Challenges around dental & mental health
- Too early to know if successful yet but early data promising
- Will be adding approx 200,000 new enrollees 1/1/14, so access will be an issue

Cover Oregon (Insurance Exchange)

- OR was talking about Exchange before ACA
- Public corporation
- On target for go live 10/1/2013
- Massive usability testing
- Outreach campaign started 7/1/2013 (tv, radio, print, social media)
Rate Review Process

- OR has had public rate review for some time
- This year, even more transparent
- True comparability
- Companies changed their rate requests after initial requests posted publicly (competition on level field)
- Insurance division final approval
PORTLAND AREA APPROVED RATE EXAMPLES
Clackamas, Multnomah, Washington, and Yamhill counties

The Oregon Insurance Division approved rates for insurers who will offer health insurance plans that start Jan. 1, 2014. Each insurer submitted a variety of plans. These charts show only a sample of approved rates for the standard bronze, silver, and gold plans. “Standard” means the plan benefits are the same from one company to the next. All plans may not be available in all counties.

### 2014 Individual Plans (one person)
Approved monthly premiums before financial help

| Age 21, single, non tobacco user | N/A | $49 | $93 | $130 | $144 | $161 | $195 | $218 |
| Age 21, single, non tobacco user | N/A | $193 | N/A | $150 | $147 | $157 | $151 | $130 | $173 | $154 | $111 | $173 | $94 | $212 |
| Age 21, single, non tobacco user | N/A | $217 | N/A | $203 | $190 | $200 | $194 | $173 | $212 | $197 | $213 | $211 | $197 | $217 |
| Age 21, single, non tobacco user | N/A | $252 | N/A | $249 | $192 | $206 | $235 | $233 | $212 | $253 | $248 | $249 | N/A | N/A | N/A |
| Age 22, single, non tobacco user | N/A | $226 | N/A | $193 | $280 | $280 | $280 | $216 | $223 | $217 | $221 | $229 | $207 | $271 |
| Age 22, single, non tobacco user | N/A | $278 | N/A | $236 | $235 | $256 | $246 | $231 | $271 | $252 | $272 | $273 | $251 | $259 |
| Age 22, single, non tobacco user | N/A | $322 | N/A | $236 | $235 | $256 | $246 | $231 | $271 | $252 | $272 | $273 | $251 | $259 |
| Age 22, single, non tobacco user | N/A | $350 | N/A | $403 | $401 | $471 | $471 | $410 | $410 | $411 | $411 | $464 | $471 |
| Age 23, single, non tobacco user | N/A | $683 | N/A | $977 | $923 | $601 | $631 | $571 | $687 | $672 | $670 | N/A | N/A | N/A |

| Age 23, single, non tobacco user | N/A | $3.5% | N/A | 35.1% | -4.1% | -2.1% | -12.0% | -1.5% | -1.8% | -2.1% | -2.4% | -3.5% | -31.4% | -52.4% |

### Coast Area Proposed Rate Examples
Clatsop, Columbia, Coos, Curry, Lincoln, and Tillamook counties

Insurers submitted proposed rates to the Oregon Insurance Division for health insurance plans that start Jan. 1, 2014. Each insurer submitted a variety of plans. These charts show only a sample of proposed rates for the standard bronze, silver, and gold plans. “Standard” means the plan benefits are the same from one company to the next. All plans may not be available in all counties. The division will analyze these and other proposed rates to determine if they are reasonable and justified. The final rates may not be the same as the rates shown below.

- Learn more about rate review at www.oregonhealthrates.org
- See a summary of benefits offered with standard plans.
- Learn more about federal financial help to lower these costs at www.coverOregon.com.

### 2014 Individual Plans (one person)
Proposed monthly premiums before financial help

| Age 21, single, non tobacco user | N/A | $290 | $367 | $420 | $441 | $457 | $496 | $528 | $534 | $549 | $577 | $536 | $578 | $753 | $734 | $698 |
| Age 21, single, non tobacco user | N/A | $371 | N/A | $223 | $202 | $306 | $258 | $268 | $277 | $278 | $242 | $236 | $269 | $261 | $373 | N/A |
| Age 21, single, non tobacco user | N/A | $294 | N/A | $278 | $267 | $296 | $229 | $208 | $199 | $234 | $234 | $245 | $234 | $280 | $309 | N/A |
| Age 21, single, non tobacco user | N/A | $347 | N/A | $265 | $259 | $371 | $291 | $258 | $225 | $218 | $269 | $242 | $317 | $371 | N/A | N/A |
| Age 21, single, non tobacco user | N/A | $401 | N/A | N/A | N/A | N/A | N/A | N/A | N/A | $391 | $276 | $332 | $372 | $440 | N/A | N/A |
| Age 21, single, non tobacco user | N/A | $523 | N/A | $508 | $505 | $526 | $485 | $425 | $359 | $495 | $475 | $476 | $517 | $507 | $599 | N/A |
| Age 21, single, non tobacco user | N/A | $736 | N/A | $654 | $549 | $766 | $618 | $548 | $477 | $513 | $621 | $527 | $715 | $703 | N/A | N/A |
| Age 21, single, non tobacco user | N/A | $852 | N/A | $842 | $856 | $851 | $852 | $853 | $854 | $855 | $856 | $857 | $858 | $859 | $860 | N/A |

* Denotes company that expects to offer plans through Cover Oregon.
* Not represented: A company may not have plans in this area. Also, companies are not required to offer standard gold plans outside of Oregon.
* If you use tobacco, the rates shown here could increase as much as 50 percent, depending on the company.

Each rate may not be the same due to rating or questions requiring further discussion with the company.
### COAST AREA APPROVED RATE EXAMPLES

**Cover OR Challenges**

- Outreach, especially to 25-40 year olds & small businesses
- Ongoing adjustments to user interface
- Interface with Oregon Health Authority for OHP
- Uncertainty about rates in coming years
- Adding larger groups (2016 <100, OR Educator Benefit Board)
Key Factors for OR’s Success

- Multi-year planning process
- Strong bipartisan support
- Robust public process, lots of local control
- Vision & Coordination by Health Policy Board
- Ongoing legislative oversight
- Single door for Oregon Health Plan (Medicaid) & commercial insurance

To learn more...

- sen.elizabethsteinerhayward@state.or.us
- www.health.oregon.gov (Oregon Health Authority)
- www.oregonhealthrates.org (Insurance Division public rate review)
- www.coveroregon.com (Insurance Exchange)
- www.coveroregon.com/ads.php