National Conference of State Legislatures
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Association of State and Territorial Health Officials
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CMS Three Part Aim

Better Health for the Population
Better Care for Individuals
Lower Cost Through Improvement
Components of Population Health

- Promote healthy living and well-being through community interventions that result in improvement of social, economic, and environmental factors.

- Promote healthy living and well-being through interventions that result in adoption of the most important healthy lifestyle behaviors across the lifespan.

- Promote healthy living and well-being through receipt of effective clinical preventive services across the lifespan in clinical and community settings.

From the NQF Population/Community Health Subcommittee: PRIORITIES FOR THE NATIONAL QUALITY STRATEGY
Determinants of Health

Proportional Contribution to Premature Death

- Genetic predisposition: 30%
- Behavioral patterns: 40%
- Social circumstances: 15%
- Environmental exposure: 5%
- Health care: 10%

Determinants of Health and their Contribution to Premature Death, Adapted from McGinnis, et al., 2002

State Health Agencies Population-Based Primary Prevention Services

Area of service

- Tobacco: 88%
- HIV: 84%
- Nutrition: 82%
- Injury: 80%
- Physical activity: 78%
- Sexually transmitted disease counseling: 78%
- Diabetes: 75%
- Hypertension: 69%
- Violence: 69%
- Unintended pregnancy: 67%
Investing in Public Health Works

- $1 on programs that help people eat healthier, exercise, avoid smoking
  - 5 years
  - $5.60 saved

- $1 on smoking cessation for pregnant women
  - $6.00 saved

- $1 on Women, Infants & Children (WIC)
  - $1.92–$4.21 saved

- $1 on immunizations
  - $16.00 saved

State Health Agency Funding by Source
(n=48)

- Federal Funds 45%
- Medicare and Medicaid 4%
- Fees and Fines 7%
- Other Sources 5%
- Other State Funds 16%
- State General Funds 23%
- Medicaid 4%
Budget Reductions in Public Health

50
Number of State and Territorial Health Agencies that report budget cuts since 2008.

46,000
Number of state and local health department job losses since 2008 (21% of the entire workforce).

$4.45 Billion
Decrease in federal spending on public health since 2010.

State Agency Program Cuts as a Result of Shrinking Budgets

- Hospital and Clinic Programs
- HIV, AIDS, and STD
- Disease-Specific Programs
- Family Health and Nutrition
- Maternal and Child Health
- Chronic Disease Prevention
- Tobacco Prevention and Control
- Immunization
- Family Planning Services

Programs in these areas were cutback or eliminated in at least 25% of state and territorial health agencies.
**Texas: Multi-partner approach to reduce Infant Mortality**

- **State and Local Health Agencies** worked with local hospitals, obstetrical providers and families to increase awareness of delivery to full term
- **Partnered with Medicaid**
- **Legislation** to eliminate Medicaid payment for elective inductions/c-sections <39 weeks
- **Health department** received 4.1 M for statewide Healthy Babies
- **Pre Term birth rate has dropped 6% in 1 year** saving Medicaid 5.4M

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Massachusetts: Example of Public Health and Medicaid Success

Massachusetts 2006 health reform mandated tobacco cessation coverage for Medicaid

By October 1, 2010 states are required to cover comprehensive tobacco cessation services for pregnant women in Medicaid (§ 4107)

State health departments have experience developing and promoting comprehensive tobacco use prevention and cessation strategies

Comparison of pre–benefit coverage to post–benefit coverage demonstrated a 26% decline in smoking rates

ACTION

Results

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Prescription Drug Abuse, Misuse, Overdose and Death

For every 1 death there are...

- 10 treatment admissions for abuse
- 32 emergency dept visits for misuse or abuse
- 130 people who abuse or are dependent
- 825 nonmedical users


CDC Policy Impact: Prescription Painkiller Overdoses. Available at: www.cdc.gov/homeandrecreationalsafety/nxfintel
ASTHO Prescription Drug State Team Collaborative: 2012–2013

ASTHO, in partnership with the National Governors Association, has provided in-depth support to 15 states.

Yet there is much more work to be done across the U.S.

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