Suicide Prevention Infrastructure Resources

**Recommendations for State Suicide Prevention Infrastructure**

A strong state infrastructure serves as a solid foundation for effective, comprehensive, and sustained suicide prevention. Working with a panel of experts, the Suicide Prevention Resource Center developed these recommendations to help you identify and strengthen key elements of suicide prevention infrastructure in your community.

**SPRC State Pages**

Find information on suicide prevention in your state, including your state suicide prevention coordinator and coalition (if applicable), the most recent state suicide prevention plan, and relevant resources and reports.

**Colorado Legislator Acts with Bold Humility to Prevent Suicide**

In this short video former state Senator and suicide loss survivor Linda Newell shares lessons from her involvement in building Colorado’s suicide prevention capacity.

**Additional State Infrastructure Success Stories**

This series of success stories highlights real-life examples of nine states that built infrastructure essential for advancing suicide prevention, including:

- Arizona
- Colorado
- Massachusetts
- Minnesota
- New Hampshire
- New York
- Tennessee
- Texas
- Utah
Suicide Mortality by State

The National Center for Health Statistics at CDC lists each state’s suicide rate, number of deaths, and rank order. Note that there is generally a two-year delay in accessing data; your state’s Office of Vital Statistics will likely have more recent data for your own state.

Preventing Suicide: A Technical Package of Policy, Programs, and Practices

This CDC technical package represents a select group of strategies based on the best available evidence to help communities and states sharpen their focus on prevention activities with the greatest potential to prevent suicide.