School Safety & Crisis Tip Line

SAFE UT
What is SafeUT

§ SafeUT is a Crisis Chat Line and a School Safety Tip Line developed for Utah students, parents, and educators

§ SafeUT began enrolling schools in January 2016

§ 2019 continued Legislative support of SafeUT: HB373 – Student Support Amendments (Chief Sponsor: Rep. Steve Eliason)
WHAT IS SAFEUT

The SafeUT Commission continues to help develop and implement the program in Utah schools. The commission is represented by:

§ Utah Attorney General's Office
§ Utah State Legislature
§ University of Utah Neuropsychiatric Institute (UNI)
§ Utah System of Higher Education
§ Utah State Office of Education
§ University of Utah Health IT Department
§ Utah Department of Human Services
Why SafeUT?

§ Suicide is the leading cause of death for Utahns aged 10-24

§ According to the 2017 Youth Risk Behavior Survey, during the past 12 months before the survey Utah high school students reported the following: 33.0% felt sad or hopeless, 21.6% seriously considered attempting suicide, 17.1% made a suicide plan, 9.6% attempted suicide one or more times and 4.0% of these students suffered an injury, poisoning, or an overdose that had to be treated by a doctor or nurse.
Figure 29: Percentage of Utah Students (Grades 8, 10, 12) Who Made a Suicide Attempt in the Past 12 Months by Grade and Sex, Utah, 2013, 2015, 2017
UNI & Our Role in SafeUT

We are a comprehensive behavioral health system providing inpatient services as well as extensive outpatient services to the community of Salt Lake City, the State of Utah and the Mountain West region.

Our community based Crisis and Diversion Services are a critical component to the continuum of care. We provide Crisisline, Warmline, MCOT and SafeUT services to 24 out of our Crisis Contact Center in Downtown Salt Lake City.
Let’s talk with #nofilter

How Does It Work?
Features of SafeUT

- **Submit a Tip** - Concerns about school safety (weapons, bullying, self-harm, drugs etc.) are immediately sent to both SafeUT staff and the school to evaluate.

- **Start a Chat** - Therapeutic dialogue through texting with a SafeUT Licensed Crisis Worker.

- **Start a Call** – Therapeutic dialogue through a phone conversation with a SafeUT Licensed Crisis Worker.
How to **Sign in to SafeUT**

**Select Your Current Status**

- **Primary Education Student**
  Elementary, Middle, Junior, High School, Charter

- **Higher Education Student**
  University, College, Technical

- **Parent/Guardian/Educator**
  of a Utah School Student

**Select Your School**

- Academy for Math, Engineering and Science
  Salt Lake City
- ACHI Harris Intermediate
  Tremonton
- ACYI Young Intermediate
  Brigham City
- Adams Elementary
  Layton
- Adelaide Elementary
  Bountiful
- Albert R. Lyman Middle School
  Blanding
- Albion Middle School
  Sandy
- Alta High School
  Sandy
- Alta View Elementary
  Sandy
- Altaire Elementary
  Sandy
- Amelia Earhart Elementary
  Provo
How to Submit a **Tip** through SafeUT

- **Start a Chat** with a crisis counselor
- **Submit a Tip** to your school
- **Start a Call** with a crisis counselor
- **View Existing** chats and tips

**Event Category**
- Abuse
- Alcohol
- Anger Issues
- Animal Cruelty
- Assault
- Bullying
- Child Abuse
- Crime
- Crisis
- Cutting
- Cyber-bullying
- Dating Violence

**Tip Summary**
- **Category**
  - Guns
- **Information**
  - John Doe brought a gun to school today.
- **Person(s) Involved**
  - John Doe
- **Date and Time**
  - This morning.
- **Location**
  - Alta, Utah 84011
- **Others with Knowledge**
  - Jane Doe.

[Back] [Submit]
How to Start a Chat

Start a Chat with a crisis counselor
Submit a Tip to your school
Start a Call with a crisis counselor
View Existing chats and tips

If this is an emergency or a crime in progress, please call 911.
I am thinking about hurting myself and I really need to talk to someone!
Thank you for reaching out through SafeUT. We will be right with you.

Existing Chats and Tips
Chat - Crisis
Thu, June 29, 4:11 PM
Chat - Crisis
Thu, June 29, 4:10 PM
Tip - Guns
Thu, June 29, 4:08 PM
Tip - School Complaint
Wed, June 28, 6:33 PM
Chat - Crisis
Wed, June 28, 6:32 PM
How to Start a Call

Start a Chat with a crisis counselor
Submit a Tip to your school
Start a Call with a crisis counselor
View Existing chats and tips

Call 1 (833) 372-3388
Start a Call
View Existing
Cancel
Let's talk with #nofilter

SafeUT Enrollment & Utilization
# SafeUT Enrollment
As Of November 30, 2019

<table>
<thead>
<tr>
<th>School Type</th>
<th># Students Enrolled</th>
<th>% Students Enrolled</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-12 Public School</td>
<td>534,750</td>
<td>92.71%</td>
<td>We are enrolled in all public high school and middle schools. 111 Elementary schools have yet to enroll.</td>
</tr>
<tr>
<td>K-12 Charter School</td>
<td>68,267</td>
<td>90.34%</td>
<td>We continue to enroll charter schools.</td>
</tr>
<tr>
<td>K-12 Private School</td>
<td>5,917</td>
<td>40.13%</td>
<td>We continue to enroll private schools.</td>
</tr>
<tr>
<td>Public University/Tech</td>
<td>190,599</td>
<td>100.00%</td>
<td>We are enrolled in all 8 USHE Institutions and all 8 UTECH schools. Working with Westminster, BYU, LDS Business College</td>
</tr>
<tr>
<td>Colleges</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
SafeUT Utilization
July 1, 2017 – November 1, 2019

qChats – 46,980
§ Including 1,082,533 threads
§ 23 average threads per chat

q Tips – 24,228
§ Including 80,019 threads
§ 3 average threads per tip
SafeUT Utilization – Total Schools
July 1, 2017 – October 31, 2019

Since Inception

Chats | Tips
---|---
July | August | September | October | November | December | January | February | March | April | May | June | July | August | September | October | November
---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---
26 | 453 | 322 | 459 | 546 | 592 | 499 | 1,004 | 1,075 | 935 | 836 | 1,081 | 1,180 | 1,359 | 1,295 | 345 | 1,217
121 | 872 | 1,139 | 1,280 | 1,222 | 1,314 | 1,015 | 1,961 | 2,191 | 2,056 | 2,034 | 2,114 | 2,317 | 2,149 | 1,971 | 1,343 | 2,490
2,701

[Graph showing SafeUT Utilization from July 1, 2017 to October 31, 2019 with data points for Chats and Tips throughout the months.]
SafeUT Top Tip Topics
July 2017 – October 2019

- Suicide: 3893
- Bullying: 3458
- Depression: 2031
- Drugs: 1635
- Cutting: 1360
Success Stories

A student used SafeUT to call the Crisis Line as he was actively thinking about walking into traffic. SafeUT staff were able to contact local Police and the school who worked together to locate the student and ensure his safety.

A concerned friend sent a Tip and school officials were able to stop a fight where a student was being bullied after his parent died by suicide.

A student took a cocktail of medications as a suicide attempt before school. After being reminded of SafeUT at an assembly that school morning, he sent in a chat to ask for help.
Success Stories

q Multiple tips came in about a potential school threat. SafeUT, working in collaboration with local authorities and the school, verified the tips. Police were sent to the student’s home where they found homemade pipe bombs in various stages of completion.

q A mother of a student who has dealt with mental health issues most of his life stated “I thought him and I were in a good place, I felt he could talk to me about his feelings and he seemed to be doing so much better. Without me knowing, he went on Instagram and posted three back to back messages stating he was going to kill himself. His friends saw the posts and immediately sent tips into SafeUT. They contacted the police and I got a phone call from the officer who was at my front door. My son and the officer talked and we were able to get him immediate help. I am amazed at the efficiency of SafeUT, from the initial posts to the officer knocking on my door was less than 10 minutes”.
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