How the Social Becomes Physical: State Policies to Improve Behavioral Health

JANUARY 15, 2021
AGENDA & SPEAKERS

- Welcome and Event Overview
  - Karmen Hanson, NCSL
- Social Determinants of Health Overview & Examples
  - Tammy Jo Hill, NCSL
- State and Local Examples
  - Sweta Haldar, National Governors Association Center for Best Practices
- NCSL Homelessness and Housing Database Overview
  - Shannon Saul, NCSL
- Q&A

This project is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $250,000 with 100% funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.
We will start with a few pre-submitted questions.

Please type your questions into the chat box and we will get to as many as we can!
# Social Determinants of Health

<table>
<thead>
<tr>
<th>Economic Stability</th>
<th>Neighborhood and Physical Environment</th>
<th>Education</th>
<th>Food</th>
<th>Community and Social Context</th>
<th>Health Care System</th>
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<tr>
<td>Employment</td>
<td>Housing</td>
<td>Literacy</td>
<td>Hunger</td>
<td>Social integration</td>
<td>Health coverage</td>
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<td>Transportation</td>
<td>Language</td>
<td>Access to healthy options</td>
<td>Support systems</td>
<td>Provider availability</td>
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<td>Discrimination</td>
<td>Stress</td>
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<td>Support</td>
<td>Walkability</td>
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## Health Outcomes
- Mortality
- Morbidity
- Life Expectancy
- Health Care Expenditures
- Health Status
- Functional Limitations
THE WHAT, WHERE AND HOW OF THE SOCIAL DETERMINANTS OF HEALTH

TAMMY JO HILL, MPP
POLICY SPECIALIST, NCSL
The conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life - WHO
SOCIAL DETERMINANTS OF HEALTH
STATE ACTIONS

- Addressing Social Determinants of Health Through Medicaid Contracts
  - **Colorado**
    - Accountable Care Organizations
      - Determinants prioritized: criminal justice, employment, focus on chronic disease, housing services, primary care and behavioral health integration, food access, school (education) and child care
  - **Michigan**
    - Managed Care Contracts
      - Determinants prioritized: transportation, housing services, employment, food access and school (education)

- State Actions
  - **New Jersey** A5233
    - Include curriculum for middle and high school students on social determinants of health, health disparities and health inequities
  - **Indiana Manpower Placement and Comprehensive Training (IMPACT)**
    - Provides services to help Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families (TANF) recipients to achieve economic sufficiency through education, training and job search and placement activities
Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care - RWJF

- Common Considerations
  - Identify health disparities in your community
  - Implement and modify policies, systems, environments and practices to reduce inequities in the opportunities and resources needed to be as healthy as possible
  - Evaluate and monitor efforts using short-and long-term measurement
  - Reassess strategies considering process and outcomes to plan for next steps
SOCIAL DETERMINANTS OF HEALTH & HEALTH EQUITY

LEGISLATIVE TRENDS

- 2021 General Session
  - So far, 83 bills in 19 states have been carried over, pre-filed or introduced

- Common Themes
  - Appropriations to identify, analyze and address health disparities in access and health outcomes
  - Directing executive branch agencies to develop and promote statewide plans to address health disparities and health equity

- 2020 General Session
  - At least 160 bills introduced, across 26 states
    - Of these, at least 53 have been enacted

- Common Themes
  - Creating taskforces
  - Requiring data to be collected by race and ethnicity
  - Appropriations to identify, analyze and address health disparities in access and health outcomes
FEDERAL ACTION AND RESOURCES

- Centers for Disease Control and Prevention
  - CDC Research on Social Determinants of Health: Know What Affects Health
- Centers for Medicare and Medicaid
  - NEW! Roadmap for States to Address the Social Determinants of Health to Improve Outcomes, Lower Costs, Support State Value-Based Care Strategies
- World Health Organization
- Healthy People 2030

RESOURCES

NCSL | Temporary Assistance for Needy Families: Where It Stand Today

NCSL | Health Disparities Overview

NCSL | State Approaches to Reducing Health Disparities

NCSL | Health Disparities: State Laws

NCSL COVID-19 | Resources for States

NCSL COVID-19 | State Health Actions

NCSL COVID-19 | Legislative Tracking Database

NCSL | Bill Information Services Information (Members Only)
Questions?

Contact

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Emily.Blanford@ncsl.org – Medicaid Policy Principal
Haley.Nicholson@ncsl.org – State-Federal Relations
Addressing the Social Determinants of Health to Improve Health Outcomes

January 15, 2021
Organization

The NGA Center for Best Practices is a 501(c)(3) and part of our larger organization.

Center for Best Practices

Office of Government Relations
Topics for Discussion

• Framework for social determinants of health interventions
• Integrating physical health, behavioral health, and social supports through Medicaid
• Integrating data to improve care coordination
• Connecting health and housing through Medicaid
• NGA projects and resources
Framework for Social Determinants of Health Interventions

- **Upstream factors**: larger community conditions that contribute to poor health outcomes
  - Interventions include policy and legal changes that address root causes underlying health inequities
  - Example: tobacco taxes, Health in All Policies
- **Midstream factors**: individual social and economic factors that impact health; result from upstream factors
  - Interventions include addressing individual social needs and improving living conditions and health behaviors
  - Example: Healthy Opportunities pilots, Care Connect 360
- **Downstream factors**: immediate health needs
  - Interventions include improving access to clinical care and occur at the point of service level
  - Example: interventions around improving provider cultural competency, access to chronic disease treatment

Integrating Physical Health, Behavioral Health, and Social Supports through Medicaid

• Integration is particularly crucial for populations with complex, inter-related health and social needs

• State examples
  • Arizona Complete Care: fully integrated managed care model
  • North Carolina: Healthy Opportunities pilots (currently on hold due to COVID-19)
  • California: Whole Person Care pilots authorized through 1115 waiver
  • Rhode Island: Medicaid Health Homes for beneficiaries with chronic conditions and with serious mental illness (SMI) or substance use disorder (SUD)
Integrating Data to Improve Care Coordination

• Developing an integrated data system across programs and payers can improve care coordination, particularly for populations with significant social needs

• State examples
  • Michigan Care Connect 360
  • Washington PRISM tool
  • New York Psychiatric Services and Clinical Knowledge Enhancement System
Connecting Health and Housing through Medicaid

- Research indicates that Medicaid enrollees with stable housing have improved access to care and lower health care costs
- Medicaid cannot cover rent but 37 states incorporate supportive housing-related services in their Medicaid programs
- Medicaid can also cover tenancy supports
- State examples
  - Florida: Medicaid Supportive Housing pilot
  - Louisiana: partnership between health and housing
  - Massachusetts: Flexible Services program

Supportive Housing Can Produce Health Care Savings
Combining affordable housing with intensive services for a high-needs group saved an average of over $6,000 a year per person in health care

-23%  -33%  -42%

Days in Hospital  Emergency Room Visits  Days in Nursing Home

Note: Intensive services include help finding housing, working with a landlord, physical and behavioral health care, assistance finding employment, and others.
National Governors Association Social Determinants of Health Projects

Publications and Resources

- Improving Outcomes And Reducing Cost Of Care For Complex Care Populations With Behavioral Health And Social Support Needs: Toolkit For Governors | September 2020
- State Strategies for Averting Early Deaths: Innovations and Best Practices for Preventing Suicide | April 2019
- Building Complex Care Programs: A Road Map for States | June 2017
- Housing as Health Care: A Road Map for States | September 2016

Projects and Meetings

- Addressing Adverse Childhood Experiences Learning Lab | July 2020 - Present
- Cross Sector Collaboration for Children and Families Learning Lab | August 2018 – December 2019
- Suicide Prevention Convening | March 2018
- Building Capacity to Improve Outcomes and Reduce Cost of Care for High Need, High Cost Populations with Behavioral Health and Social Support Needs: Behavioral Health Integration Learning Lab | August 2017 – January 2019
- Rural Health Learning Collaborative | August 2017 – March 2018
- Building Healthy Communities: How to Support States in the Development of Community-Based Solutions and Sustainable Infrastructure Roundtable | June 2017
- Establishing the Building Blocks for Lifelong Health and Success: Supporting States in Advancing Multi-Sectoral and Multi-Generational Solutions to Improve Children’s Lives Roundtable | June 2017
- Housing as Health Care | April 2016 – January 2017
NCSL HOUSING AND HOMELESSNESS LEGISLATION DATABASE

Housing and Homelessness Legislation

- All introduced legislation
- Updated weekly
- Searchable by year, keyword, topic and status

NCSL's Housing and Homelessness Legislation Database tracks filed bills in the 50 states, District of Columbia and U.S. territories. Numerous subtopics are grouped by (1) safe, stable, healthy and affordable housing, (2) adult and family homelessness and (3) youth homelessness.

Bill information for the current year is updated every Tuesday, Wednesday, Thursday and Friday morning. New measures are added as they are introduced or identified by NCSL staff.
## HOW TO SEARCH

### Filter
- All Topics
- Adult & Family Homelessness-Administration and Councils
- Adult & Family Homelessness-Awareness and Prevention
- Adult & Family Homelessness-Driver Licenses, IDs and Vital Records
- Adult & Family Homelessness-Emergency Response
- Adult & Family Homelessness-Employment
- Adult & Family Homelessness-Funding
- Adult & Family Homelessness-Other

### Search
- All States
- Alabama
- Alaska
- Arizona
- Arkansas
- California
- Colorado
- Connecticut
- Delaware

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<td>All</td>
<td>2021</td>
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Search
Reset All
Keyword Search

Keyword: health

Total States: 26
Total Bills: 109

AK H 205
2020

Operating Budget Appropriations

Status: Enacted - Act No. 2020-8

Date of Last Action: 04/06/2020 - Line Item Vetoed

Author: Rules Cmt

Topics: Adult & Family Homelessness-Awareness and Prevention, Housing-Funding, Housing-Emergency Response

Summary: Makes appropriations for the operating and loan program expenses of state government and for certain programs, capitalizes funds, makes capital appropriations, supplemental appropriations, and reappropriations, makes appropriations for the operating and capital expenses of the state's integrated comprehensive mental health program, transfers monies from reserve accounts in response to the coronavirus public health emergency.
HEALTH AND HOUSING

- Housing bills in the 2020 session were dominated by COVID-19
  - Many states have imposed eviction moratoriums and other temporary housing legislation during the pandemic
- Here is an example of a bill that relates to developing an emergency response plan for folks experiencing homelessness

**UTAH BILL TEXT LOOKUP**

**UT S 165**

**2020**

**Emergency Response Plans for Homelessness**

**Status:** Enacted - Act No. 387
**Date of Last Action:** 03/30/2020 - Enacted
**Author:** Escamilla (D) **Additional Authors:** Hollins (D)
**Topics:** Adult & Family Homelessness-Administration and Councils
**Summary:** Relates to emergency response plans for homelessness, requires certain local oversight bodies to develop an emergency response plan to respond to conditions that pose a risk to the health or safety of homeless individuals and families.
**History:** Click for History
Questions?

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We will start with a few pre-submitted questions.

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RESOURCES HANDOUT HIGHLIGHTS

- NCSL: LegisBriefs, webpages, reports, webinars, blogs, and databases
  - NEW Children’s Behavioral Health and School Mental Health Resources COMING SOON!

- NGA: Improve Outcomes and Reduce Care Costs for Complex Care Populations- Toolkit for Governors and Housing as Health Care

- CDC: Behavioral health webpages and resources

- National Council for Behavioral Health: Mental Health First Aid and Addressing the SDOH during COVID-19

- AND MORE!
Please download the resources handout and review our archived Public Health Webinar Series. We hope to “see” you soon!

- **NCSL Public Health Webinar Series:**
  - Dec. 7 | Pharmacists’ Role in Public Health: Increasing Access to Care
  - Dec. 11 | State Planning for Distribution and Allocation of COVID-19 Vaccine
  - Dec. 14 | Suicide Prevention: A National Lifeline for States
  - Dec. 17 | State Strategies to Address Adverse Childhood Experiences
  - Dec. 18 | Saving Moms: Strategies to Reduce Maternal Mortality in the U.S.
  - Jan. 6 | Policies and Strategies to Address Infectious Diseases
  - Jan. 8 | Welcome to the Legislature: What You Need to Know About Public Health
  - Jan. 15 | How the Social Becomes Physical: State Policies to Improve Behavioral Health
THANK YOU!

Contact Information:

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