Working Together to Ensure Healthier Families
Why NFP

Our nurses change the future for the most vulnerable babies born into poverty in the United States, and their mothers.
NFP Goals

Improve Pregnancy Outcomes

Improve Child Health and Development

Improve Economic Self-Sufficiency of the Family
The How

EXPERT: Specially-trained nurses

PROVEN: Extensive and compelling evidence

INTENSIVE: Pregnancy through age 2

TIMELY: First 1000 days
NFP Nurses

Registered Nurses

Specializing in Community Health Nursing Practice

Receive Extensive Education in the Model
NFP Research

1977 Elmira, NY
Participants: 400
Population: Low-income, white
Studied: Semi-rural area

1990 Memphis, TN
Participants: 1,139
Population: Low-income, black
Studied: Urban area

1994 Denver, CO
Participants: 735
Population: Large Hispanic representation
Studied: Nurse and paraprofessionals
Every dollar invested in NFP can yield up to $6.20 in return.
Home Visit Overview

Personal Health
Health Maintenance Practices
Nutrition and Exercise
Substance Use
Mental Health Functioning

Environmental Health
Home
Work, School, and Neighborhood

Life Course Development
Family Planning
Education and Livelihood

Maternal Role
Mothering Role
Physical Care
Behavioral and Emotional Care

Family and Friends
Personal network
Relationships
Assistance with Childcare

Health and Human Services
Service Utilization
Colorado Implementation: Public/Private Partnership

Colorado Department of Human Services, Office of Early Childhood: Fiscal Agent

Invest in Kids

NFP National Service Office

University of Colorado Health Sciences Center: Contract Manager
Funding

- Master Tobacco Settlement: $18.5 million for 2,963 clients
- Medicaid: accounts for <5%
- MIECHV: $3.2 million for 495 clients
Colorado Nurse-Family Partnership Sites FY 17-18

Numbers of NFP families served at each site

3,458 Total Capacity
• **24,000+** families served in Colorado since the program began in 2000

• **90%** of babies were born full term and **90%** were born at a healthy weight— at or above (5.5 lbs.)

• **92%** breast feeding rate at birth

• **92%** of children received all recommended immunizations by 24 months

• **21%** reduction in smoking during pregnancy

• **28%** reduction in alcohol use during pregnancy