



Nurse-Family
Partnership

Helping First-Time Parents Succeed

Working Together
to Ensure
Healthier Families

Why NFP

Our nurses change the future for the most vulnerable babies born into poverty in the United States, and their mothers.



A woman with long brown hair, wearing a blue denim shirt, is holding a smiling baby in a red, white, and blue plaid shirt. The woman has a large white flower in her hair. They are outdoors in a grassy area with trees in the background. A semi-transparent grey box is overlaid on the right side of the image, containing text.

NFP Goals

Improve Pregnancy Outcomes

Improve Child Health
and Development

Improve Economic
Self-Sufficiency of the Family



The How

EXPERT:

Specially-trained nurses

PROVEN:

Extensive and
compelling evidence

INTENSIVE:

Pregnancy through
age 2

TIMELY:

First 1000 days

NFP Nurses

Registered Nurses

Specializing in
Community Health
Nursing Practice

Receive Extensive
Education in the
Model





NFP Research

1977 Elmira, NY

Participants: 400

Population: Low-income, white

Studied: Semi-rural area

1990 Memphis, TN

Participants: 1,139

Population: Low-income, black

Studied: Urban area

1994 Denver, CO

Participants: 735

Population: Large Hispanic representation

Studied: Nurse and paraprofessionals



Every dollar
invested in
NFP can yield
up to \$6.20
in return.



Home Visit Overview

Personal Health

Health Maintenance Practices
Nutrition and Exercise
Substance Use
Mental Health Functioning

Environmental Health

Home
Work, School, and
Neighborhood

Life Course Development

Family Planning
Education and Livelihood

Maternal Role

Mothering Role
Physical Care
Behavioral and Emotional
Care

Family and Friends

Personal network
Relationships
Assistance with Childcare

Health and Human Services

Service Utilization

A photograph of a pregnant woman in a red dress, with a hand resting on her belly. The image is partially obscured by a dark grey semi-transparent box containing white text.

Colorado Implementation: Public/Private Partnership

Colorado Department of Human
Services, Office of Early Childhood:
Fiscal Agent

Invest in Kids

NFP National Service Office

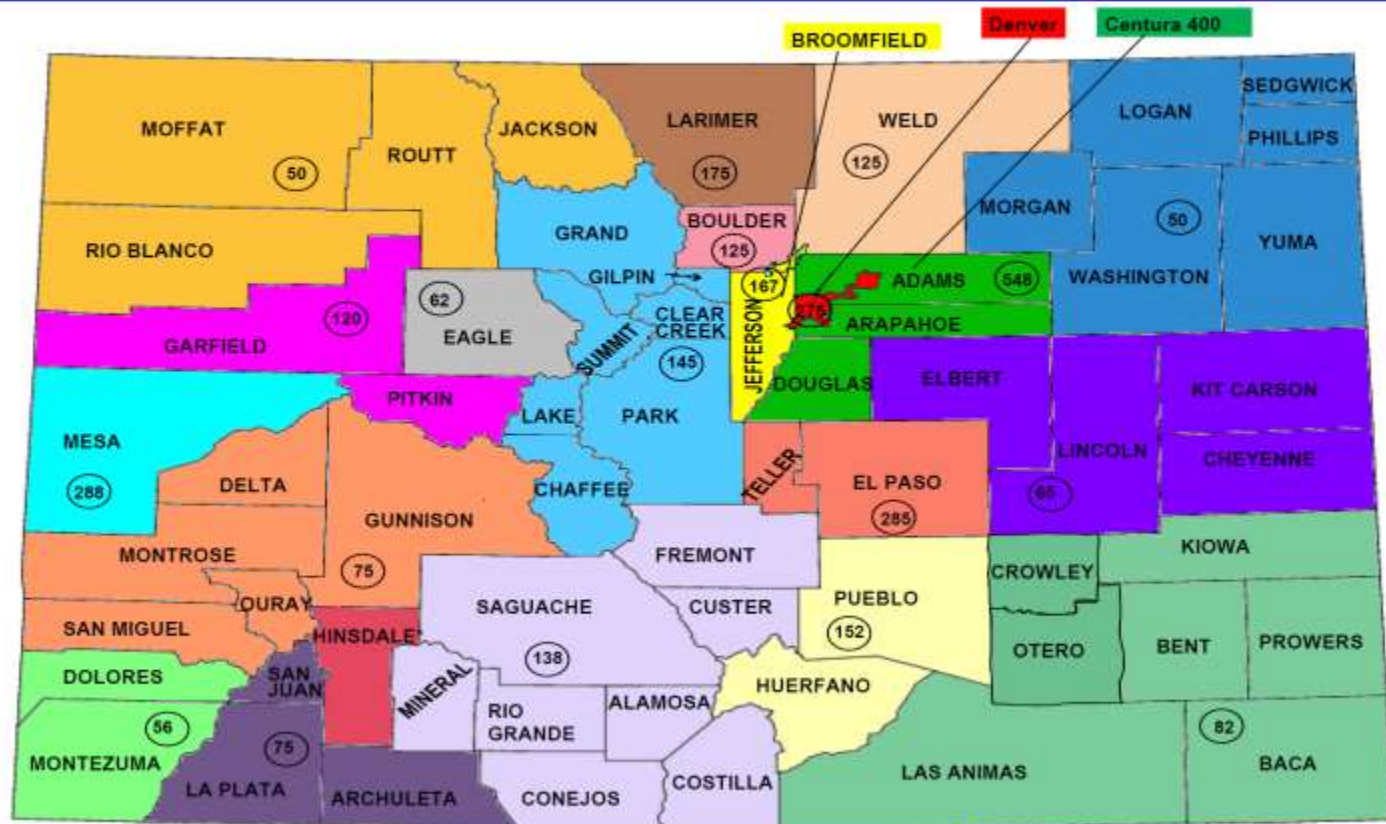
University of Colorado Health
Sciences Center: Contract Manager

Funding

- Master Tobacco Settlement: \$18.5 million for 2,963 clients
- Medicaid: accounts for <5%
- MIECHV: \$3.2 million for 495 clients



Colorado Nurse-Family Partnership Sites FY 17-18



○ Numbers of NFP families served at each site

3,458 Total Capacity



Colorado NFP Outcomes

- **24,000+** families served in Colorado since the program began in 2000
- **90%** of babies were born full term and **90%** were born at a healthy weight- at or above (5.5 lbs.)
- **92%** breast feeding rate at birth
- **92%** of children received all recommended immunizations by 24 months
- **21%** reduction in smoking during pregnancy
- **28%** reduction in alcohol use during pregnancy



Questions?

Allison Mosqueda MS, RN
Nurse Consultant, Nurse-Family
Partnership
303-839-1808 x122

Invest in Kids
1775 Sherman St., Ste. 2075
Denver, CO 80203
www.iik.org

