Team Building Ice Breakers for Remote Workers

1. What can you do today that you were not capable of a year ago?
2. Name something on your bucket list.
3. The Artist: In advance, tell group members to bring a piece of paper and a sharpie or other bold pen to the video call. Say – “I am going to give you a word that you may not know. The goal of this exercise is for you to draw a picture of the word. Do not try to define it, just draw the first thing that comes into your mind when you hear the word. I will give you 3 minutes – (Read the Word) Go.”
   After everyone is done, ask them to show their camera what they drew.

   Possible words to use.
   - Ulotrichous
   - Caruncle
   - Limerance
   - Oxter
   - Cacoethes
   - Kenspeckle
   - Sesquipedalian
   - Sibbersauce

4. Are you sunrise, daylight, twilight, or night? Please share why you picked your time of day.
5. If you could live anywhere on this planet and take everything that you love with you, where would you choose to live?
6. Introduce yourself to the group, but read your name backwards. For example, Katherine becomes Enirehtak
7. If you could be in the movie of your choice, what movie would you choose and what character would you play?
8. The Alphabet Game. My team used legislative process, but you could choose animals or countries or anything else that is likely to have most of the alphabet. (terms related to your topic area would be good)
9. For the legislative process game, we did it this way: In alphabetical order, each person must come up with a word involved in legislative process. Tell everyone what order they will speak. There is a catch, you must repeat every word the previous people said and then add your own word. Example: Person 1 says “amendment”; Person 2 says “amendment”, “bill”; Person 3 says: Amendment, “Bill”, “Censure”. And so on. Try to go on long enough for everyone to have 2 or 3 turns.
10. For tomorrow’s check-in you have a homework assignment. Please bring one item to our meeting that is a found object that you have kept for more than one year. It cannot be anything you have bought.
11. What is your favorite food? Drink?