



## Chronic Conditions and Women's Health: Prevalence and Policy

Tuesday, December 10, 2019 – JW Marriott Desert Ridge Resort and Spa, Phoenix, Arizona

### Pre-conference to NCSL Capitol Forum

**Purpose:** This half-day session will explore the chronic conditions that disproportionately affect women's overall health such as cardiovascular disease, certain cancers, migraine headaches, inflammation and osteoporosis. Attendees at this session will learn from national experts about the most prevalent chronic health issues driving women's mortality and morbidity. There will also be presentations about state agency efforts and programs to prevent and address chronic diseases that affect women at higher rates. Attendees will have an opportunity to share challenges and successes in their states and to hear from fellow legislators and legislative staff working in on these issues.

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### Agenda

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| 8 – 8:30 a.m.     | <b>Breakfast, Registration and Networking</b>   |
| 8:30 – 9 a.m.     | <b>Welcome, Introductions and Session Overview</b><br>NCSL staff will provide an overview of the day and attendees will introduce themselves.<br><i>Moderator: Tahra Johnson, Program Director, Public Health and Maternal &amp; Child Health, Health Program, NCSL</i>   |
| 9 – 9:15 a.m.     | <b>Overview of Women's Chronic Health Issues</b><br>NCSL staff will provide an overview of women's chronic health issues and what may be impacting populations in your state.<br><i>Speaker: Erik Skinner, Policy Associate, Health Program, NCSL</i>   |
| 9:15 – 10:45 a.m. | <b>Chronic Disease Panel</b><br>Attendees will learn about specific chronic diseases that disproportionately impact women, including cancer, cardiovascular disease, osteoporosis, arthritis and migraines.<br><i>Moderator: Erik Skinner, Policy Associate, Health Program, NCSL</i><br><i>Speakers:</i><br><i>Nim Lalvani, Director, American Migraine Foundation</i><br><i>Liz Thompson, CEO, National Osteoporosis Foundation</i><br><i>Cathy Peters, Senior State and Local Campaigns Manager, American Cancer Society Cancer Action Network.</i><br><i>Anna Hyde, Vice President, Arthritis Foundation</i><br><i>Martha Gulati, MD, MS, FACC, FAHA, Division Chief, Cardiology, University of Arizona College of Medicine</i> |
| 10:45 – 11 a.m.   | <b>Break</b>  |

11 – 11:30 a.m.

**State Actions to Improve Women’s Health**

Attendees will learn from the Mississippi’s state expert on chronic disease about how states can address chronic conditions.

*Moderator: Erik Skinner, Policy Associate, Health Program, NCSL*

*Speaker: Teresa Aseret-Manygoats, State Chronic Disease Director, Arizona Department of Health Services*

11:30 – 12:00 p.m.

**State Policy Options: Legislative Discussion**

State legislators will share initiatives in their states with their peers.

*Moderator: Tahra Johnson, Program Director, Public Health and Maternal & Child Health, Health Program, NCSL*

12:00 – 12:30 p.m.

**Lunch and Wrap Up**

Attendees will have an opportunity to discuss policy options during lunch.

*NCSL gratefully acknowledges the support of Amgen for this session.*