

### State Laws Requiring Use of Bicycle Helmets\*

State/ Jurisdiction	Bicyclists Covered by State Law	No State Law
Alabama	15 and younger	
Alaska		X
Arizona		X
Arkansas		X
California	17 and younger	
Colorado		X
Connecticut	15 and younger	
Delaware	15 and younger	
Florida	15 and younger	
Georgia	15 and younger	
Hawaii	15 and younger	
Idaho		X
Illinois		X
Indiana		X
Iowa		X
Kansas		X
Kentucky		X
Louisiana	11 and younger	
Maine	15 and younger	
Maryland	15 and younger	
Massachusetts	Ages 1 through 16 (riding with children younger than 1 prohibited)	
Michigan		X
Minnesota		X
Mississippi		X
Missouri		X
Montana		X
Nebraska		X
Nevada		X
New Hampshire	15 and younger (effective 1/1/06)	
New Jersey	15 and younger (effective 3/1/06)	
New Mexico		X
New York	1 through 13 (riding with children younger than 1 prohibited)	
North Carolina	15 and younger	

North Dakota		X
Ohio		X
Oklahoma		X
Oregon	15 and younger	
Pennsylvania	11 and younger	
Rhode Island	15 and younger	
South Carolina		X
South Dakota		X
Tennessee	15 and younger	
Texas		X
Utah		X
Vermont		X
Virginia		X
Washington		X
West Virginia	14 and younger	
Wisconsin		X
Wyoming		X
District of Columbia	15 and younger	
Puerto Rico	All bicyclists covered	
U.S. Virgin Islands	No information available	

\*Local law may require helmet use for some or all bicyclists.

**Source:** Insurance Institute for Highway Safety 2006.