Fresh Food – A Recipe for Healthy Schools and Communities

The simple truth is... it all starts with the soil.

Vision

To inspire communities to build sustainable food systems that are equitable and ecologically sound, creating a just world, one food-secure community at a time.
We are nationwide nonprofit organization and land trust, supporting people from diverse backgrounds and the environments in which they live.

We do this work through the development of Community Food Systems.

These systems provide high-quality, safe, healthy, affordable, and culturally-appropriate food for all residents in the community.
What’s needed to get local food into schools and our communities?

- Farmers who grow food
- Growing infrastructure
- Access to capital (grants and loans)
- Nutrition education
- Community based initiatives
GROWING POWER’S 4 essential areas:

• **GROW** - Projects and Growing Methods
• **BLOOM** - Education and Technical Assistance
• **THRIVE** - Food Production and Distribution
• **FOOD POLICY** - Growing Power is actively trying to change how our food system is structured through critical policy changes.

Urban Agriculture as Green Jobs Training

“Ending the Technological Divide.”

- Food Production
- Value-Added Products
- Education & Career Development
- Water & Energy Efficiency
- Waste Reduction & Composting
Infrastructure

Site Map of Iron Street Property

- Landscaped Property
- Border
- Apiary
- 10 Hoop Greenhouses
- Outdoor Classroom
- In-vessel Composting
- In-vessel composting
- Aquaponics
- Office Space
- Green Business
- Incubator
- Expanded Composting
- Aquaponics
- Small Animal Husbandry
- Aerobic Digester
6 hoops of 10 in place
we grow

6 million tons

of our own

compost & vermicompost
At Growing Power, we raise all of our crops sustainably.

Vermicompost, or worm compost, is the final product of the breakdown of organic material by worms.
In our urban growing environments, the raised beds are built called “Living Biological Worm Systems”.

Finished Compost - Fertility
Hoop House Production

Aquaponics “Food & Fish Production”

Water & Energy Efficiency

Food Production
Yellow Perch and Tilapia Fish
Sustainably raised through Aquaponics

In-vessel Anerobic Digester creating Renewable Energy

Water & Energy Efficiency
Waste Reduction & Composting
Small-scale, In-vessel Composting and Vermiculture Bins

Waste Reduction & Composting

Youth Development

GROW
Grant Park Urban Agriculture
Potager
Beloved Community

Cabrini Green Urban Farm
Reaching Our Goals
Develop a plan........
Farm-City Market Basket and Sustainable Box Program.....
Farm-to-City Market Basket Program

• Customers pay weekly: $8, $16, $27
• Receive 20-25 pounds of vegetables, fruit, herbs, value added products
• Farmers are paid on delivery
• Promotes year-round growing by farmers and healthy eating in communities
• Eliminates need for high cost grocery stores especially in communities without

Farmers’ Markets
Our goal is to...
Grow food
Grow minds &
Grow community

For more information visit us at:

www.growingpower.org

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