RECOVERY COACHING TO A BRIGHTER FUTURE

CORTNEY LOVELL

“As we pursue new cures, we cannot forget compassion and love are the oldest medicines we have. Their power to heal is immense.”

Vice Admiral (V.Adm.) Vivek H. Murthy, M.D., M.B.A., 19th United States Surgeon General
Detoxification / In-patient Treatment

Residential / Long-term Treatment

Supportive Living (Rarely)

Cured
What is a Peer (Recovery Coach)?

A peer provider (e.g., certified peer specialist, peer support specialist, recovery coach) is a person who uses his or her lived experience of recovery from mental illness and/or addiction, plus skills learned in formal training, to deliver services in behavioral health settings to promote mind-body recovery and resiliency.

What will your superpower be?