Family Caregivers: The Backbone of the LTSS System

- In the U.S. an estimated **42 million** family caregivers provide unpaid care to their loved ones at any given time.
- Nationally, family caregivers provide more than **$450 billion** in unpaid care annually.
- **87%** of older Americans want to stay in their current homes as they age.
- 49 year old female taking care of a 77 year old woman; providing assistance 20 hours a week
State Legislative Actions

- Create Task Forces on Family Caregiving
- Enact CARE Act (*Caregiver Advise, Record, Enable*)
- Give Nurses More Authority to Heal
  - Nursing Scope of Practice
  - Nurse Delegation
- Increase Workplace Flexibility for Caregivers and Respite Care Options
- Enact Uniform Guardianship and Power of Attorney Laws
- Helping Family Caregivers Locate Providers
Here is what happened . . .

- Task Forces on Family Caregiving
  HI, NM, UT, MS, DE, KY, IN, OH, NE, CA

- The CARE Act
  OK, NJ

- Giving Nurses More Authority to Heal
  KY, MN, NE, CT, LA, WV

- Increase Workplace Flexibility for Caregivers
  MN

- Guardianship
  CA, MS, MA, IA, HI, SC
Heart-ing Family Caregivers Across the Country

For more information visit www.aarp.org/caregiving or call 1-877-333-5885
Questions & Discussion

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