Monday, June 10, 2019 – Setting the Leadership Stage (Webinar)

1:00 - 2:00 pm (EDT)  Program Overview and Goals
- Participant expectations
- Program design
- Connection to the legislature
- LeadershipEnergizes360! overview

LeadershipEnergizes360! Coaching Appointments; ½-hour per participant to review 360 results and discuss how to maximize the residency

Homework:  LeadershipEnergizes360!, return releases to USC, make travel arrangements

Saturday, July 20, 2019 - Day 1

1:00 pm  Meet in lobby of Sheraton Grand Sacramento Hotel
Walk to USC State Capital Center  Class and Faculty

1:30 - 2:00 pm  Welcome
Individual Introductions  Angela Andrews, Leonor Ehling, and Paul Dancyzk

2:00 - 5:00 pm  American Legislatures—Who We Are
- Understanding the diversity of American legislatures
- How legislatures have changed over time
- American legislatures in comparative perspective

5:45 pm  Bus to baseball game (Dinner at game) (tentative)

9:30 pm  Return to hotel

Homework:  Learning and Action Log: “As we begin…”
Case study readings

Sunday, July 21, 2019 - Day 2

7:00 - 8:00 am  Morning Exercise Challenge—on your own

8:15 - 8:45 am  Taxi or walk from Sheraton to USC State Capital Center

8:30 - 9:00 am  Continental Breakfast—USC State Capital Center

9:30 - 12:00 pm  Readiness and Resilience: The two-sided coin of “Change”  Laree Kiely, President/CEO We Will Inc.
- The attributes necessary for being “Ready for Anything”
- Handling emergent situations, ensuring mental discipline
- Seeing with new eyes; infusing critical thinking into your organization

12:00 - 1:00 pm  Lunch—USC State Capital Center

1:00 - 4:00 pm  Readiness and Resilience (Continued)  Laree Kiely
- The attributes necessary for Resilience
- The Anticip8 model for imagining the future and making sense of the past

*Daily topics/presenters may shift or change
4:00 – 5:00 pm  Executive Coaching and Leadership Energizes 360!  Paul Danczyk
- A brief overview of what executive coaching is and is not
- Applying 360s

5:00 pm  Welcome Dinner at Lucca (Walk)
Homework:  Learning and Action Log: “The leadership advantage…”

Monday, July 22, 2019 - Day 3

6:45 - 8:30 am  Bus to location for Team Building
Depart from Sheraton Grand Sacramento Hotel

8:30 - 10:00 am  Survival!
Paul Danczyk
- The human experience of change
- Meta-4 simulation
- The interplay of performance and time

10:00 - 12:00 pm  Rafting Adventure and Continuation of Team Building Experiences
- Rafting adventure

12:00 - 1:00 pm  Lunch

1:00 - 4:00 pm  Team Building Experiences: Part 2
- Continue rafting adventure and then debrief

4:00 - 5:00 pm  Bus back to the Sheraton
Dinner on your own

Homework:  Learning and Action Log: “From the river…”

Tuesday, July 23, 2019 - Day 4

7:00 - 8:00 am  Morning Exercise Challenge—on your own

8:15 - 8:45 am  Taxi or walk from Sheraton to USC State Capital Center

8:30 - 9:00 am  Continental Breakfast—USC State Capital Center

9:00 - 9:30 am  Reflections on Previous Day  Leonor Ehling

9:30 - 12:00 pm  Leadership as a Lifestyle
- Inspirational leadership
- Leadership and motivation

12:00 – 1:00 pm  Lunch—USC State Capital Center

1:00 - 4:00 pm  Social Styles  Mark Quiner, Director, NCSL
- Your leadership/behavioral style
- What others observe; how to deal effectively with others

*Daily topics/presenters may shift or change
5:00 – 6:00 pm  Optional State Capitol Tour

Dinner on your own

Homework: Learning and Action Log: “Through a snapshot…”

**Wednesday, July 24, 2019 - Day 5**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00 - 8:00 am</td>
<td>Morning Exercise Challenge—on your own</td>
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<tr>
<td>8:00 - 8:30 am</td>
<td><em>Shuttle to the Crocker Art Museum</em> Depart from Sheraton Grand Sacramento Hotel</td>
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<td>8:30 - 9:00 am</td>
<td><em>Continental Breakfast</em></td>
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<td>9:00 - 10:00 am</td>
<td><em>Reflections and Building Presence</em></td>
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<td>• Applied reflections</td>
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<td>• Challenge: creating leadership presence</td>
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<td>10:00 - 12:00 pm</td>
<td><em>Learning to Look, Looking to Learn</em></td>
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<td>• Focus on perceptions, interpretations, and judgements</td>
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<td>• Make the unconscious conscious</td>
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<tr>
<td>12:00 - 1:00 pm</td>
<td><em>Lunch</em>—Crocker Art Museum</td>
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<td>1:00 - 5:00 pm</td>
<td><em>Managing Diversity: Today’s Manager, Tomorrow’s Leader</em></td>
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<td>• Introduction and definition of diversity</td>
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<td>• Understanding diversity</td>
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<td>• Perceptions</td>
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<td></td>
<td>• ACTing on diversity</td>
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<tr>
<td>5:00 pm</td>
<td><em>Shuttle to hotel</em></td>
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<td>5:30 pm</td>
<td>Optional dinner at Mikuni</td>
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<td>6:30 pm</td>
<td><em>Escape Sacramento (first half of cohort)</em></td>
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Homework: Learning and Action Log: “At midpoint…”

**Thursday, July 25, 2019 - Day 6**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00 - 8:00 am</td>
<td>Morning Exercise—on your own</td>
</tr>
<tr>
<td>7:30 – 8:30 am</td>
<td><em>Escape Sacramento (second half of cohort)</em></td>
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<tr>
<td>8:15 - 8:45 am</td>
<td>Taxi or walk from Sheraton to USC State Capital Center</td>
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<td>8:30 - 9:00 am</td>
<td><em>Continental Breakfast</em></td>
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<td>9:00 - 11:30 am</td>
<td><em>Escaping Preconceptions and Unlocking Insights</em></td>
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<td>• Leadership styles and stress—what stress!?!?</td>
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<td>• Communication approaches</td>
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<td>• Building self-awareness in how your style impacts others</td>
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*Daily topics/presenters may shift or change*
Trip to San Francisco
- Boxed lunch aboard bus, dinner on own

Homework: Learning and Action Log: “A thousand viewpoints…”

Friday, July 26, 2019 - Day 7

7:00 - 8:00 am  Morning Exercise Challenge—on your own

8:15 - 8:45 am  Taxi or walk from Sheraton to USC State Capital Center

8:30 - 9:00 am  Continental Breakfast—USC State Capital Center

9:00 - 9:30 am  Reflections on Previous Day  Leonor Ehling
  - What do you do with unstructured time?
  - How do you show up?

9:30 – 12:00 pm  Problem Solving Negotiation for Public Sector Leaders  Dave Landis
  - Single Text Procedures
  - Perspective Taking
  - The “Why” in Influence

12:00 - 1:00 pm  Lunch—USC State Capital Center

1:00 – 1:15 pm  Group photo

1:15 - 5:00 pm  Developing Collaboration  Dave Landis, Former Nebraska State Senator
  - Effective approaches
  - Examples of collaboration
  - Practices that work

6:00 pm  Optional class dinner with LSMI staff and/or faculty at Spaghetti Factory

Homework: Learning and Action Log: “Shift happens…”

Saturday, July 27, 2019 - Day 8

7:00 - 8:00 am  Morning Exercise Challenge—on your own

8:15 - 8:45 am  Shuttle bus from Sheraton to USC State Capital Center

8:30 - 9:00 am  Continental Breakfast—USC State Capital Center

9:00 - 10:45 am  What a week--how do I use all of this stuff?  LSMI Alumni
  - From concept to application
  - Leadership/management dynamics
  - Gain knowledge, change attitudes, shape behaviors
  - Sharing experiences back to workplace

10:45 – 11:00 am  Break

*Daily topics/presenters may shift or change
### National Conference of State Legislatures
**Legislative Staff Management Institute**
**Curriculum Overview 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>11:00 - 11:45 am</td>
<td><strong>Leadership In Action</strong></td>
<td>Steve Boilard</td>
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<td>- Capturing leadership highlights</td>
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<td>- Challenging leadership perceptions</td>
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<tr>
<td>11:45 - 12:15 pm</td>
<td><strong>Final Reflections, Graduation, and Lunch</strong> (boxed lunch)</td>
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<tr>
<td>12:15 pm</td>
<td><strong>Shuttle bus</strong> to the airport</td>
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<td><strong>Homework:</strong> Learning and Action Log: “As the program ends...”</td>
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**Monday - Tuesday, August 12-13, 2019 - Executive Coaching Session 1 (Optional; Commitment is for both sessions)**

<table>
<thead>
<tr>
<th>Appointment only</th>
<th><strong>Executive Coaching:</strong> Session 1</th>
<th>Paul Dancyz, Ana Estrada</th>
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<tbody>
<tr>
<td></td>
<td>- Understanding present self and tackling a leadership or management challenge</td>
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<tr>
<td><strong>Homework:</strong></td>
<td>Individually assigned</td>
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**Monday - Tuesday, September 16-17, 2019 - Executive Coaching Session 2**

<table>
<thead>
<tr>
<th>Appointment only</th>
<th><strong>Executive Coaching:</strong> Session 2</th>
<th>Paul Dancyz, Ana Estrada</th>
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<tbody>
<tr>
<td></td>
<td>- Making sustainable changes for future impacts</td>
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